





Cottage Food Labeling







## Cottage Food Labeling

 Cottage food products are required to be labeled in accordance with State and Federal labeling regulations. Laws include:



- Code of Federal Regulations (CFR)
- California Health and Safety Code –Sherman Food, Drug, and Cosmetic Law (Sherman)



## Cottage Food Labeling

Principal Display Panel and Information Panel

OR

Most common

All Required Information on One Label

### What Does a Label Look Like?



#### Chocolate Chip Cookies

Long Beach Bakery
123 Cottage Food Lane
Long Beach, CA 90XXX

Ingredients: Enriched flour (wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin and folic acid), butter (milk, salt), chocolate chips (sugar, chocolate liquor, cocoa butter, butterfat (milk), soy lecithin, walnuts, sugar, eggs, salt, artificial vanilla extract, baking soda.

Contains: Wheat, eggs, milk, soy, walnuts

MADE IN A HOME KITCHEN
Permit #: 12345
Issued in City of Long Beach
Net Qt 12oz. (340g)

## General Labeling Requirements

- 1. Common name of food
- 2. The name of Cottage Food Operation
- 3. Address, and city of the Cottage Food Operation (CFO). The address is not required if the CFO is listed in a current telephone directory
- 4. Ingredients in descending order of predominance by weight if the product contains two or more ingredients
- 5. Allergen declaration
- 6. Net quantity in English Units (inches/lbs/fl oz.) and metric units (grams, liters)
- 7. "Made in a Home Kitchen" or "Repackaged in a Home Kitchen" in 12-point type on the Principle Display Panel (PDP)
- 8. Registration or permit number
- 9. Issued in the City of Long Beach

## Principle Display Panel (PDP)

 PDP is the part of the label consumers see first when selecting a food product.



## Principle Display Panel (PDP)

- What is required on the PDP
  - 1. <u>Product name</u>. Ex: Chocolate Chip Cookie with Walnuts, or Twinkie (Fanciful Name) and must have a description Golden Sponge Cake with Creamy Filling





### Principle Display Panel (PDP)

- 2. Made in a Home Kitchen (12-point type)
- 3. Net Quantity (weight, volume, or count) in both English units (pound) and metric (grams)





- Information Panel is usually to the immediate right of the PDP and must have:
  - 1. <u>Nutrition Facts</u> only if nutrient claims (free, low, reduced, fewer, good source etc.) or health claims (gluten free, sodium, hypertension, calcium etc.) are made.

<b>Nutrition Facts</b>	
Serving Size 1/2 oz (14g)	
Amount Per Serving	
Calories 35 Calories from Fat 0	
% Daily Value	e*
Total Fat 0g 0°	%
Saturated Fat 0g 0°	%
Trans Fat 0g	_
Cholesterol 0mg 0°	%
Sodium 0mg 0°	%
Total Carbohydrate 9g 3°	%
Dietary Fiber 0g 0°	%
Sugars 8g	_
Protein 0g	
Vitamin A 0% • Vitamin C 4%	
Calcium 0% • Iron 0%	_
* Percent Daily Values are based on a 2,000 calorie diet.	

#### 2. Ingredients List

- All cottage foods composed of two or more ingredients are required to include an ingredient list.
- The ingredient statement must be correctly listed in descending order of predominance by weight.
- Ingredients must be listed by their common or usual name (e.g., sugar instead of sucrose)

- 2. Ingredient List continued
- The sub-ingredients of a food that is an ingredient in another food may be declared following the name of the ingredient.

For example:

Enriched Flour (wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin and folic acid)

#### 2. Ingredient List continued

-Foods with two or more discrete components may have a separate ingredient list for each of the components

Example: Apple Pie

**Filling**: Apples, Water, Sugar, Modified Food Starch, Salt, Spice, Citric Acid. Crust: Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Shortening (Partially Hydrogenated Soybean Oil), Water, Dough Conditioner [Dextrose, Wheat Starch, Salt, Baking Soda, Calcium Propionate, Vegetable Shortening (May Contain Partially Hydrogenated Soybean And/Or Cottonseed Oil), Sodium Bisulfite], Salt.

<u>Crumb Topping</u>: Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Brown Sugar, Vegetable Shortening (Partially Hydrogenated Soybean And Cottonseed Oils), Sugar, Salt, Spice, Dextrose. Contains: Wheat, Soybean. This Product Is Manufactured On Shared Equipment With Other Peanut, Tree Nut, Milk And Egg Containing Products.

#### 3. CFO Name and Home Address

If CFO name and home address is listed in a current telephone directory, then your home address does not have to written on

the label



### Information Panel

#### 4. Allergens:

- 8 Major Food Allergens
  - 1. Milk
  - 2. Eggs
  - 3. Fish
  - 4. Tree Nuts (list nut type)
  - 5. Wheat
  - 6. Peanuts
  - 7. Soybeans
  - 8. Crustacean shellfish

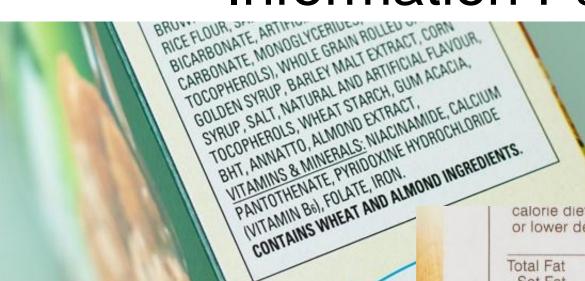
### Information Panel

#### 4. Allergens:

Two ways to disclose allergens in packaged foods:

- A. In a separate summary statement immediately following of adjacent to the ingredient list, or
- B. Within the ingredient list

### Information Panel



calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat Sat Fat	Less than	65g	80g 25g
Cholesterol	Less than	20g 300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate Dietary Fiber		300g 25g	375g 30g

MADE FROM: UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), VEGETABLE OIL (PALM), SUGAR, CORNSTARCH, CONTAINS 2 PERCENT OR LESS OF: NONFAT MILK, MALTODEXTRIN, SALT, EGG WHITES, LEAVENING (BAKING SODA, CREAM OF TARTAR), NATURAL LEMON FLAVOR, MODIFIED CORNSTARCH AND SOY LECITHIN.

PEPPERIDGE FARM, INC., NORWALK, CT 06856

910008002605 9347-6-5

### Common Label

#### Chocolate Chip Cookies

Long Beach Bakery 123 Cottage Food Lane Long Beach, CA 90XXX

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# Questions?